



Bay Area Young Positives'
POSITIVE SPIRIT



PRESENT

FAST FORWARD

SCENES FROM THE LIVES OF HIV+ YOUNG MEN AND WOMEN

DIRECTED BY MARGERY KREITMAN

THEATRE RHINOCEROS • FRI & SAT • MAY 19,20,26,27
2926 16TH STREET • SAN FRANCISCO • 8:30 PM
Resv • 415-861-5079

Fast Forward is a series of monologues, poems, and scenes written and performed by the members of POSITIVE SPIRIT which reflects the issues and concerns of young men and women who are living with HIV. POSITIVE SPIRIT is sponsored by Bay Area Young Positives.

VIRUS, THIS IS YOUR BOSS COMMUNICATING

By Junior

Good morning my HIV virus. I know you are listening. Wake up! This is your boss communicating, your creator, your life provider, your partner, so you better listen carefully. At age 22, you became a part of me. You and me, me and you are all rolled into one. The funny thing about it is that instead of you destroying my life, you end up improving my life. I guess I got you there. I totally reversed your mission in my life. Therefore, you deserve a "Big Thank You" from me. I know that if someone hears me saying this that that person will think I am crazy. I may be crazy, but you know what, who cares. This is my life and I am the only person who knows what is good for me. Just for the record let me mention a few positive things you brought with you when you invaded my body, my soul, my life: First, you made me think really carefully what I want in my life. Secondly, you made my relationship with my family, relatives, and friends a closer one. And finally of the so many things you have given me, I finally know who I am. I even can claim you as my dependent now on my income tax return. That will save me a few thousands of dollars give or take a few hundred. I also found out recently that I can qualify for so many benefits. To name a few, I can join YMCA for approximately \$12 a month compared to a normal \$50+; I can get free acupuncture and herbs from Cole Street Center because I am under 25 years old with this special condition, and I can even get about 20% discount on my groceries on selected grocery stores. Well, we get fringe benefits too, you know. Seriously, Virus, you are dependent upon my survival and I am commanding you to work with me, so we can prolong our lives together. Until next time buddy. I need to go out in the real world now as if nothing has changed. I need to move on with my life as if nothing has changed. I am HIV positive at age 22 and I will continue to live a positive life forever.

BOSS, THIS IS YOUR VIRUS COMMUNICATING

By Junior

Boss this is your virus communicating back to you. Are you ready to listen to me even though you are my boss, "THE BOSS"? But before I continue, let me have the stage first if I may. I heard everything you have said and then some earlier. Remember, I can read your mind without hearing a word from you. When I was patiently listening to you earlier, I completely felt your determination and your strong will to live. For that I give you "TWO THUMBS UP, WAY UP". Even though I know that you are in good mental, physical, and emotional health at the moment, I still know how violated you felt when I invaded you. I may have reasons for doing that, or maybe have no reasons at all. I guess it is up to you to make a reason for it. All I know we are stacked together and we need to help each other to remain together. With that, I want to make a deal with you. My deal involves a lot of hard work from you, but if you do a good job I will do my part in prolonging both our lives. You may think that this deal is just beneficial for me as we both well know that I am completely dependent upon your survival, but I want you to do whatever you think is right and good for you. You are my master, I will do what you instruct me to do. Now, the ground rules: First, you need to accept in your heart that you and me, me and you are one. Secondly, you need to completely eliminate stress in your life. You can accomplish this by choosing to do things that bring you happiness and satisfaction, by exercising and hanging out with friends on the weekend; there are a few tips to consider. The third thing to do is to eat healthy and have lots of rest. Fourth, educate yourself with any new developments in the cure to totally make my presence in your body extinct. That sounds being insensitive on my own welfare, but I guess I have to give the "Human Species" something to figure out or else my being around will be boring and have no challenges at all. Lastly, I want you to move on with your life as if I am just your shadow who would follow you as long as you are breathing, and will stop when you stop. Again, I may not be human, but I sure want to have a chance to travel and see the world as one of the many things I would like to accomplished during my tenure in this world. I only have you to help me fulfill it. I need you and I willingly acknowledge that. I hope you will gladly accept my proposal. Thank you for listening BOSS.

AT AGE 22

By: Junior

At age 22, I am HIV Positive. Awhile ago you heard me and my virus communicating to each other. That is a technique I have learned and am now incorporating as part of my healing process. Dr. Kaiser's book "Immune Power" is my primary source of this pressure releasing process, and the motivational force behind this. As in any type of relationship, both parties involved have to learn to communicate with each other in order to have a continuous healthy relationship. From the first moment a relationship develops, the individuals tend to look after each others welfare. When the virus invaded me and eventually became a part of me, I realized that I have to consider the virus as the other party in this unique relationship that I got myself into. I need to look after the virus' needs as if it is my partner and vice versa. With that, my virus and I would know what needs to be done in order for the both of us to stay alive. Being HIV Positive is considered a "NEGATIVE" in the society in which we are all living, but we can always turn a negative thing into a positive. Just for instance, at one point I remember I was HIV Negative, and now I am HIV Positive. See, anything that is negative can be changed to a positive at any time. It only takes a split second for that conversion to happen. I am HIV Positive at age 22 and I will not allow my positive condition to be a negative in my life. I will continue to move on with my life in a positive direction. A reminder to everyone, reward yourself with a smile at least once a day. It helps, I can attest to that. Thank you for listening to me and my partner.